

## How to Greet Recruiters

When you greet a recruiter, walk with purpose 🚶 , make eye contact 👁️ , smile 😊 , and **firmly** shake their hand 🤝 . After approaching their booth, introduce yourself with an elevator pitch.

Speak slowly and clearly!

### Elevator Pitch 🗣️

An elevator pitch is a quick 30-60 second summary of your accomplishments and experience. This is a brief way to introduce yourself to employers and show them your value. Don't be afraid to brag!

VT Student Example: [▶ Elevator Pitch](#)

Examples and How to Write: [▶ Elevator Pitch Examples for Students](#)

### How to Make Your Own

#### 1. Who are you?

→ Give your name, year, major(s), and minor(s) if applicable

*Ex: Hi, my name is Hallie Weitzenfeld. I'm a sophomore in Business Management, with a double minor in Sustainability & Strategic Communication.*

#### 2. What do you do?

→ List work experience & extracurriculars that show your skills & values

→ If relevant or lacking experience, include previous class projects

*Ex: Last summer, I got my first internship doing Business Development for an insurance startup. My proudest accomplishment is that I created and managed their internship program, drafting the program roadmap and recruiting & mentoring a team of interns.*

#### 3. What's your ask?

→ Request information about positions at their company

→ Request a way to keep in contact

*Ex: I'm currently seeking an internship in Human Resources or Business Development for this Summer. Can you tell me more about relevant positions at your organization?*

*Ex: I'm currently seeking a full-time Accounting role after graduation in May. I know there are lots of people waiting to speak with you. Would you mind if we connected later over email to talk more about Accounting positions at your firm?*

#### 4. PRACTICE

→ In front of the mirror

→ In front of friends or family

→ Book a session with [Pamplin's Career Services](#) team via [pcobcareers@vt.edu](mailto:pcobcareers@vt.edu)

Click for additional information on [career fair preparation](#) and [Business Horizons](#).